

RECIPE FOR KINDNESS

Ingredients:

- 100 g of love
- 40 g of smiles
- 9 c of kisses
- 3 c of laughter
- 6 c of hugs

Makes 12 c of kindness

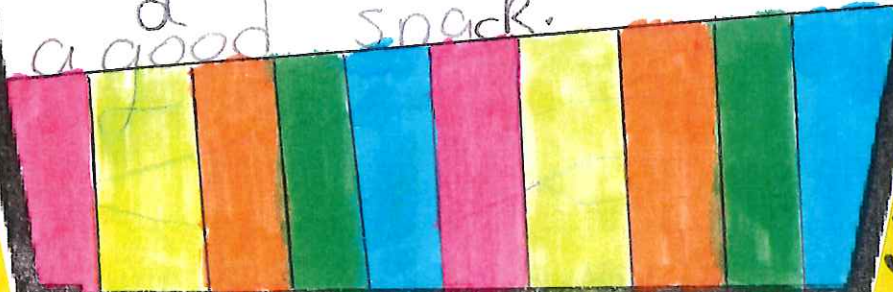
Method:

1. First put all the ingredients in front of you.

2. Put 100 g of love in with 3 c of laughter and stir.

3. Stir in 6 c of hugs.

Finally sit down to enjoy a good snack.



Delilah

Kindness



Recipe

from the Kitchen:

Ingredients:

1. 1 Tblsp of high 5s
2. 2 spoons of compliments
3. A L of smiles
4. One tsp of friendliness
5. One tsp of laughter
6. 5 Tblsp of Love
7. A L of snuggles
8. One tsp of sharing
9. A Tblsp of kisses

Method:

- Put some high fives in
- Add 1sp of Love
- And 1 L of Laughter
- Stir in some kisses
- Add Tlbs of snuggles and 1 L of hugs
- Bake in a tin for 30mins
- Share with a friend

Hannah

Kindness

Recipe

Ingredients:

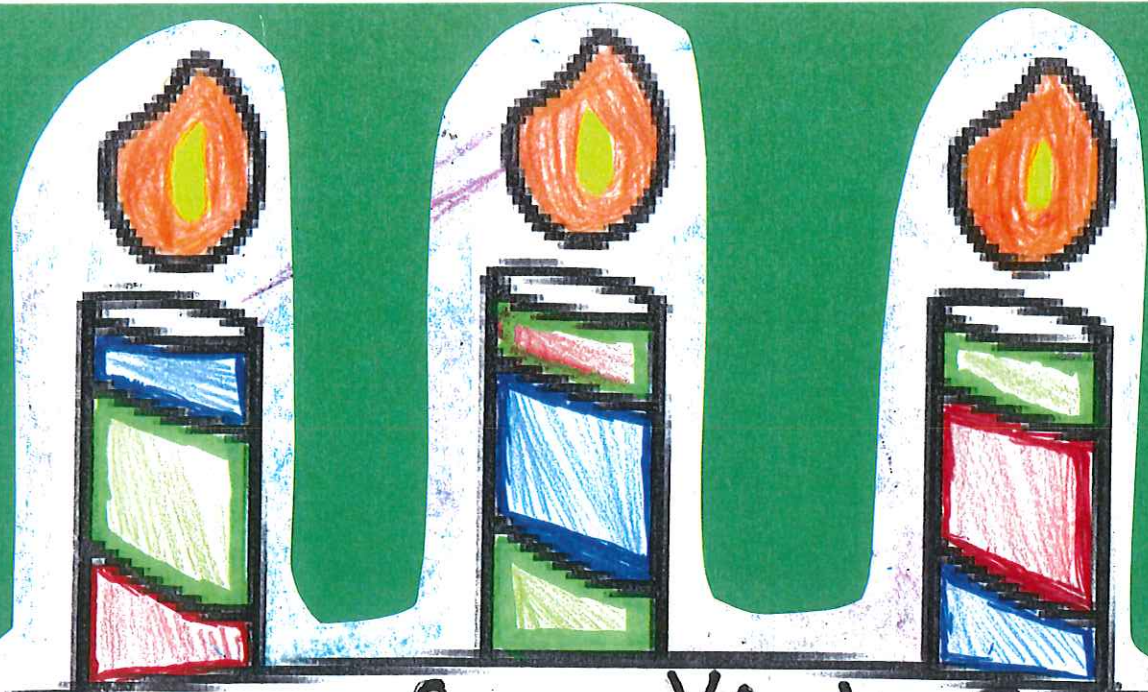
- 1. A pinch of laughter.
- 2 Cups of cheerfulness.
- A Sprinkle of compliments.
- A tsp of gentleness.
- A tbsp of Smiles.
- A gm of Kind notes

Method:

1. Put in a pinch of laughter and 2 cups of Cheerfulness and Stir.
2. Add a Sprinkle of compliments and mix
3. And a tsp of gentleness, add a tbsp of Smiles, and add a gm of Kind notes.
4. Enjoy with a friend!

Coco Joseph

Coco



Recipe for Kindness!

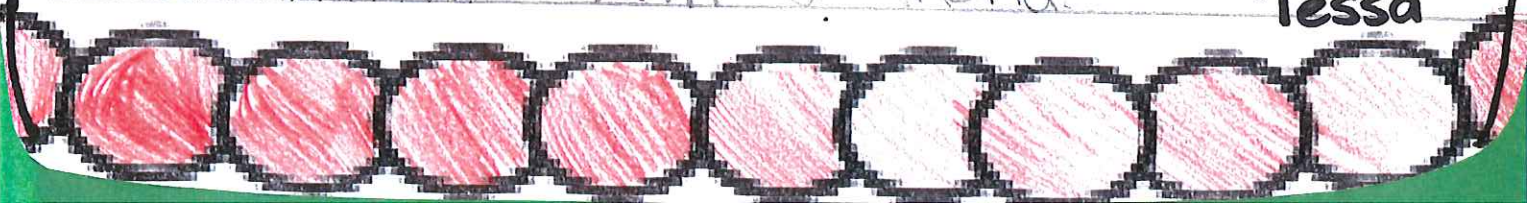
Ingredients:

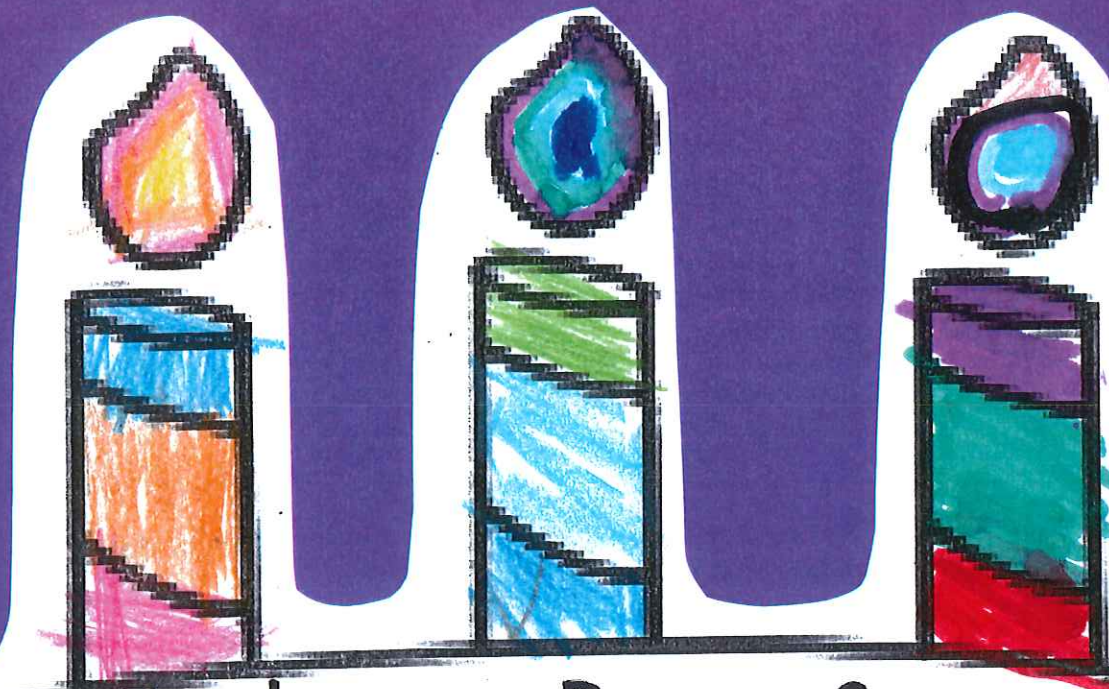
- 50 grams of butter
- 1 cup of Smiles.
- 2 table spoons of laughter.
- $\frac{1}{4}$ cup helping.
- $\frac{1}{2}$ cup of inclusiveness.
- 2 drops of enthusiasm.
- Sprinkle in some compliments.

Method:

1. Mix Smiles and laughter together.
2. Add all other ingredients.
3. Press into a cake tin.
4. Bake in oven for half an hour.
5. Eat it with a friend.

Tessa





Kindness Recipe ♡

- Ingredients: ←
1. 12g of high fives.
 2. one tsp of smiles
 3. a Pinch of giving people compliments
 4. one tblsp of Helping
 5. 13 cups of kisses

- Method:
1. Pour all ingredients into a bowl
 2. Stir together
 3. Cook in oven for 40 mins
 4. Share with friends

Hugo



Recipe

Ingredients:

- 150g of hugs
- 1/4 cup of high fives
- 2 cups Positive Notes
- Pinch of Love
- 1 Tbsp. of Cheerfulness
- 1 L of fun and laughter

Method:

1. Mix all the ingredients together in a bowl.

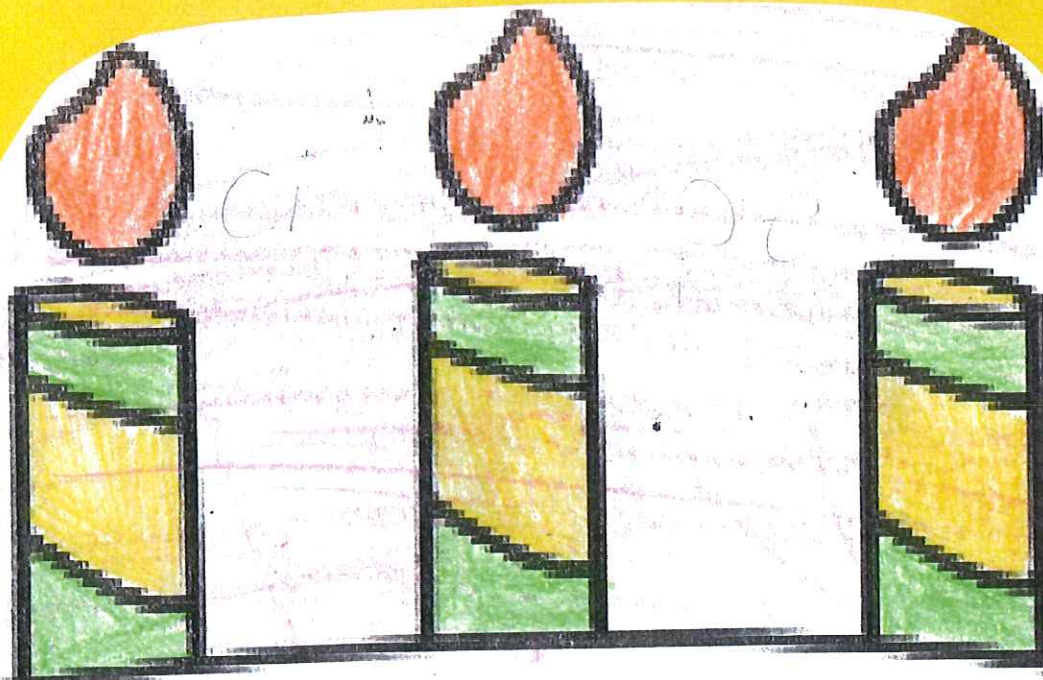
2. Pour the hugs in together.

3. Put it in the oven and bake for 40 mins

4. Share with a friend.

From Flynn





Kindness Recipe

from the Kitchen of: chef Sam.

Ingredients: 3TbSp of hugs, 1C of laughter,
250g of love, A Sprinkle of Smiles,
A pinch of compliments, 1 litre of gentleness

Method:

1. Mix in 1 cup of laughter.
2. Pour in a litre of gentleness.
3. Stir in 3TbSp of hugs.
4. Add a pinch of compliments.
5. Mix in 250g of love.
6. Sprinkle in Some Smiles.
7. Pour it in a cake Tin.
8. Bake in oven for 45 minutes.
9. get out of oven and Share with friends.

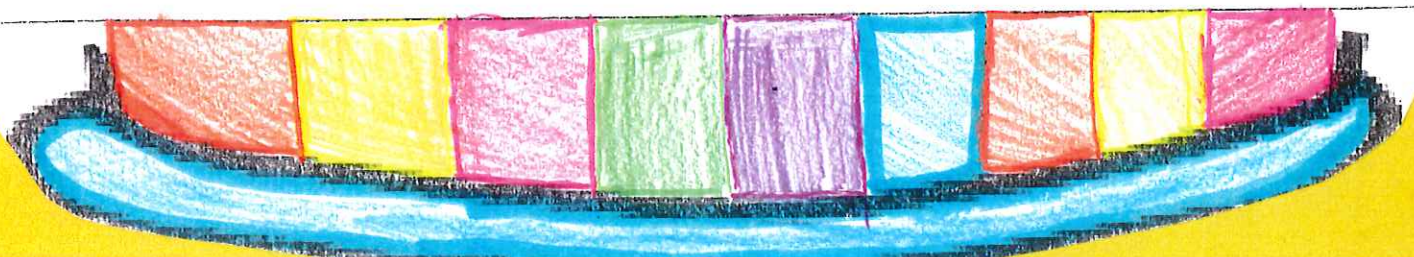
Sam



From the Kitchen of chef Sammy

Ingredients: 50g Happiness, a pinch of Love, 1c of helpfulness, $\frac{1}{2}$ a tea spoon of laughter and high-fives, 5 cups of fun games and a tea spoon of nice cards.

method: ① Take the 50g of Happiness and mix it with a pinch of Love. ② mix the Helpfulness and $\frac{1}{2}$ a tea spoon of laughter and High fives. ③ Tip Step 2 in with step 1. ④ put in some nice cards. ⑤ mix again. ⑥ put in the oven for 1 hour. ⑦ Eat the cake with friends.



Kindness Recipe

Ingredients:

- 125g of helping friends.
- a teaspoon of high fives.
- 300g of Love.
- half a cup of jokes.
- 1 cup of fun.
- 50g of laughter.

Method: Cupcakes

1. Put the ingredients in a bowl.
2. Get a spoon and stir.
3. Pour on a Plate
4. turn into BOWLS.
5. Bake the Cupcakes for 20 mins
6. enjoy with a good friend!!

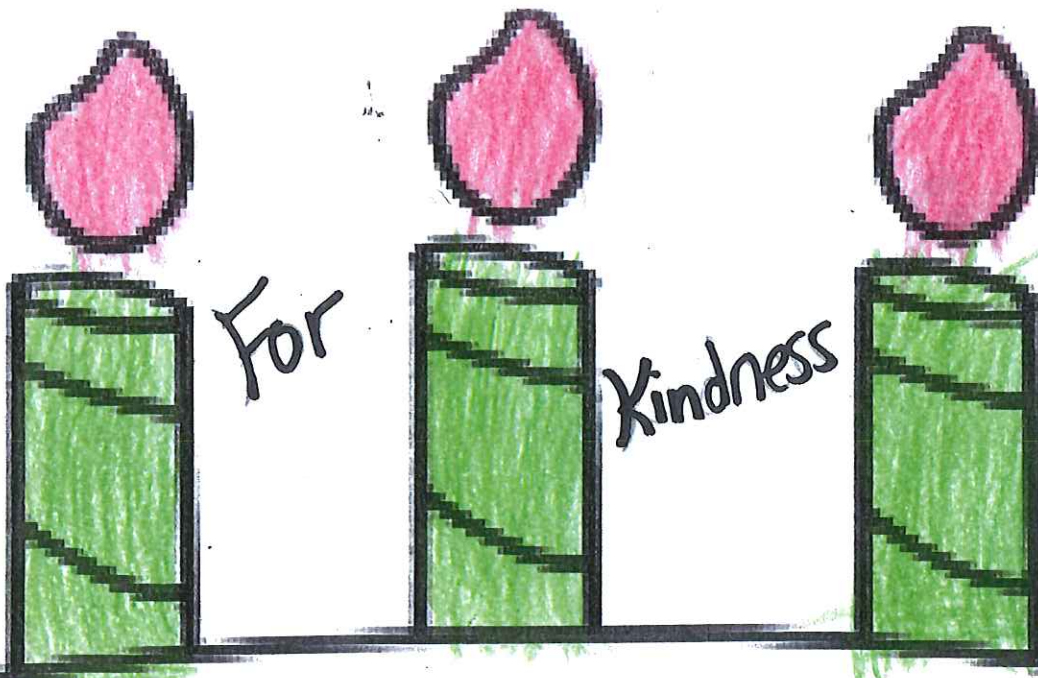
    
by Royce

Recipe

For

Kindness

By
Tobey



Ingredients:

- * 4 Tbsp of Laughter
- * a pinch of Love
- * a Cup of Smiles
- * 50g of Kindness

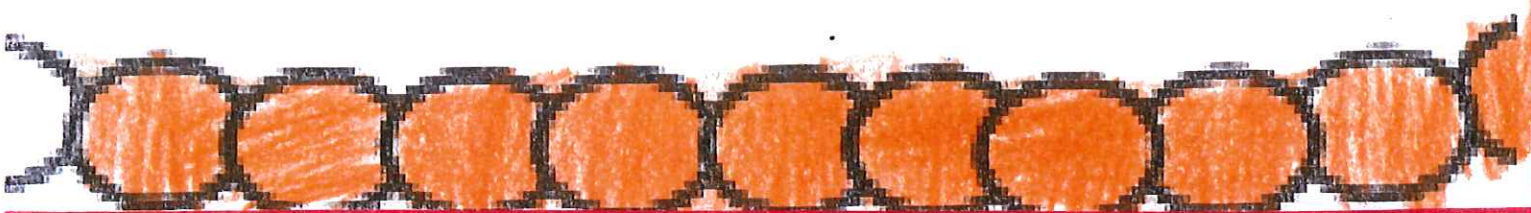
* a Pinch of Cheerfulness

* 5 Tbsp of good Play

Method:

1. mix all of your ingredients together. 2. Stir the ingredients

3. Pour into a Pot. 4. Bake in oven for 10 mins 5. and Share with friends



Kindness

Recipe

Ingredients:

- a pinch of hugs
- a cup of Smiles
- a tbsp of laughter
- a sprinkle of love notes
- 1 L $\frac{1}{2}$ c of friends

Method:

1. Mix a pinch of hugs and a cup of Smiles.
2. a Sprinkle of love notes pour them in a bowl.
3. Add 1 L of Sweet compliments in the bowl and mix them in.
4. Add 1 L $\frac{1}{2}$ c of friends and mix for 2 minutes then put it in the muffin tray.
5. bake for one hour.
6. Share With a friends.

Kindness Recipe. its fun

K
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from
the

Chef



Kitchen
of

Joseph



R
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Ingredients:

* 2 mgs Of Gratitude.

* 6 tsp of Laughter.

* 4 g of Zest.

* Sprinkle in Some forgiveness.

* 8 tbs of Courage.

Method:

mix together

Put ~~it~~ in oven and

Bake for 1 Hoar.

Method: Enjoy a tasty meal
With a good friend.



Kindness

Recipe

From the Kitchen of Maulda R.A

Ingredients:

1. $\frac{1}{4}$ Compliments

2. $\frac{3}{4}$ Laughter

3. 1 cup smiles

4. 6 lbs Love

5. 1 pinch happiness

6. 1 Ltr of hugs

7. 2c. waring

Method:

1. Put some laughter in a bowl

2. Pour some smiles in.

3. Add the compliments

4. Sit in the Love

5. Put the hugs in the microwave for 20 sec

6. Finally put the waring in

7. EAT!

Recipe for Kindness

Ingredients:

- 1 Bottle of love
- $\frac{1}{2}$ cup of smiles
- 1 love heart
- 1 150 g compliments
- 1 cup sharing
- $2\frac{1}{2}$ tsp hugs

method:

1. Put $2\frac{1}{2}$ tsp hugs and 1 cup sharing
2. Add 1 Bottle love and $\frac{1}{2}$ cup smiles then 1 love heart and 150g compliments, stir for 1 minute.
3. Pour in 1 cup sharing and $2\frac{1}{2}$ tsp hugs
4. stir it up
5. put in the oven for 30 minutes
6. enjoy with family or friends.

Liam



Kindness

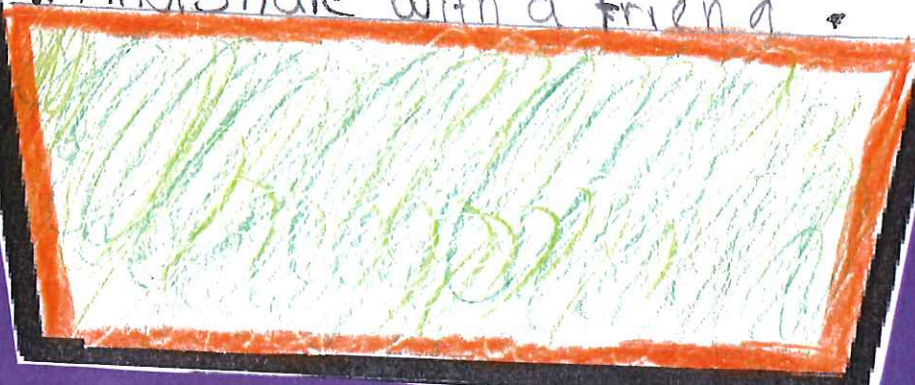
Recipe

From the kitchen of Chef Billie!

- 1 cup of Hugs.
- 2 teaspoons of smiles.
- half a Litre of Love ♥
- 5 cups of forgiveness.
- 1 cup of friendliness.
- 3 spoons of compliments.
- 2 cups of laughter.
- 1 table spoon of friendship.
- 2 table spoons of Hope.

Method:

1. Mix all the ingredients together.
2. pour the ingredients into the moulds
3. Bake for 4 minutes in the oven.
4. And share with a friend.



Billie



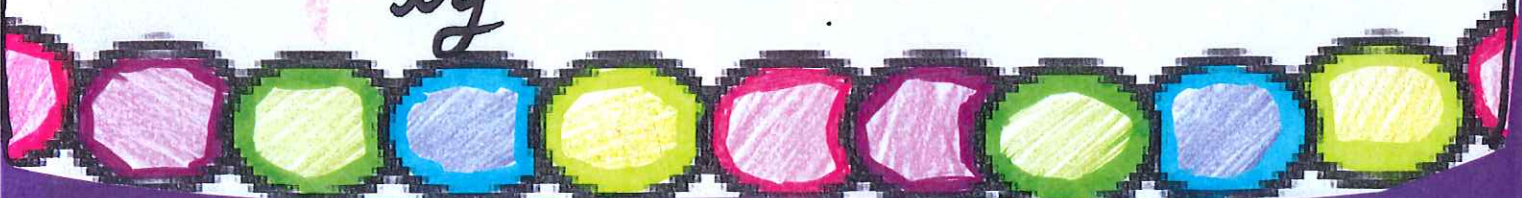
Recipe for Kindness

- * $\frac{1}{2}$ A cup compliments ← Ingredients:
* A pinch of nice notes
* 1 cup of forgiveness
* 2 Tea-Spoons of Waving
* 1 Table-Spoon of hope
* 12 Litres of Love
* Sprinkle Some enthusiasm

Method:

1. Put all the Mixture into a bowl and mix.
2. Pour into a cake tin, bake for an hour.
3. Put all decorations on the cake.
4. Enjoy With a friend ii

by Zoe



Recipe for Kindness
by chef - Eva

Ingredients:

- 3 cups of happiness
- 10 cups of laughter
- 1 cup of love
- 2 cups of kisses
- 1 cup of "Spreading Love everywhere."

Method:

1. Mix it all in the tin together.
2. put it in the oven and bake
3. eat it with your family

Eva

Kindness



Recipe

Ingredients:

- 4 Tblsp. of Love.
- $\frac{1}{4}$ C of cuddles.
- 5 g of Pwh.
- $\frac{1}{2}$ C of compliments.
- 1 C of kisses.
- 1 g of sharing.

Method:

1. Stir the Love with the sharing the as above.
2. then pour the kisses in.
3. Stir it in really well.
4. put the cuddles in.
5. Bake it in the oven for 6 mins.
6. Sprinkle in the compliments.
7. have it with a friend.

Joshua

Kindness



From The Kitchen of:

Chef EPhelia

Ingredients:

- pinch of a high fives
- litre of compliments
- Half a cup of Smiles
- A Few grains of "thank you notes"
- Tablespoon of "letting Somebody go in front of you in the line"
- And another cup of gentleness

Method:

1. Add half a cup of Smiles.

2. Stir together For two minutes

3. Then pour in a litre of compliments

4. And then add a pinch of a high fives

5. Add a few grains of thank you notes with a tablespoon of "letting

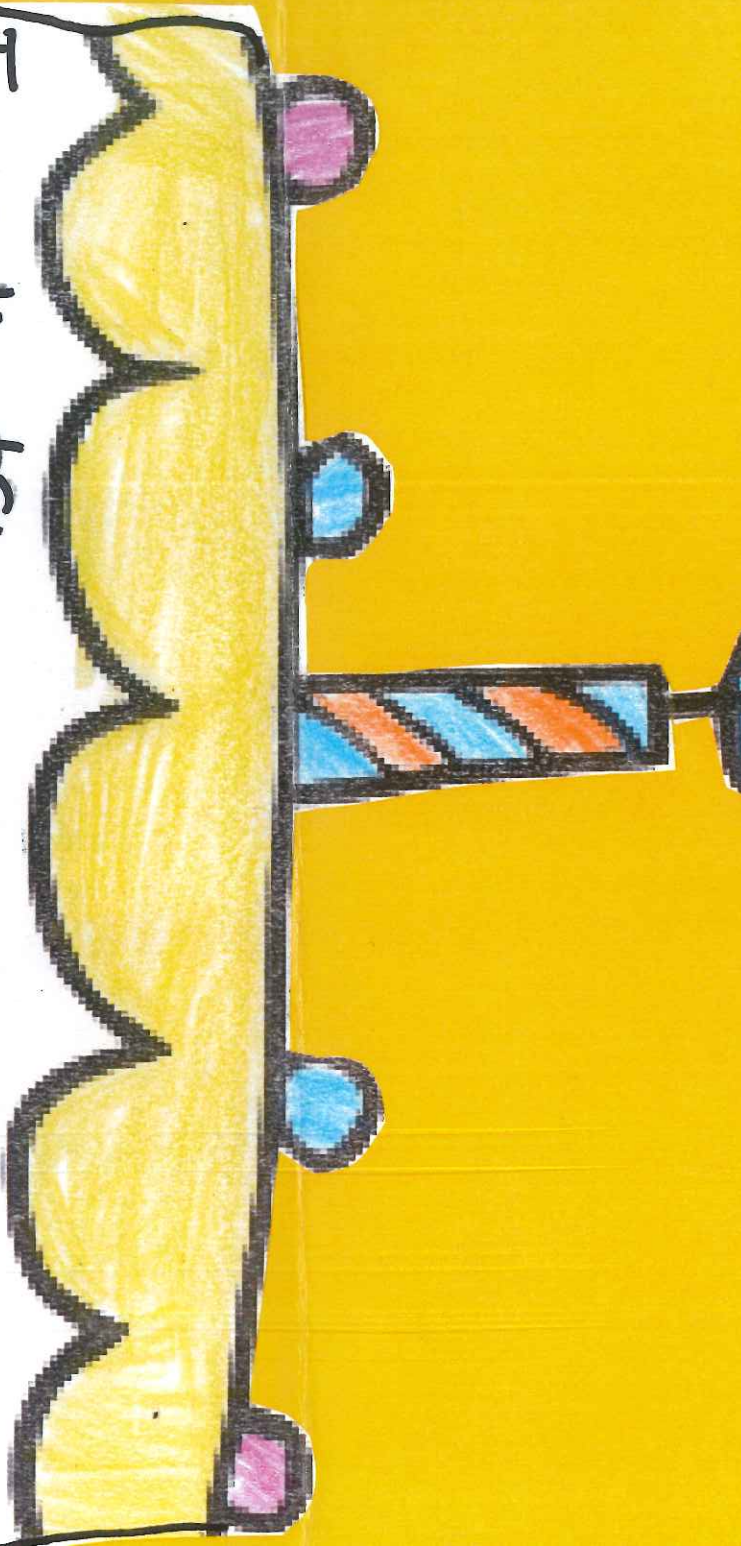
Somebody go in front

of you in the line". Then put it in the mould.

6. Bake for one hour

7. Eat with friends and family and feel Kind with every body.

Kindness Recipe



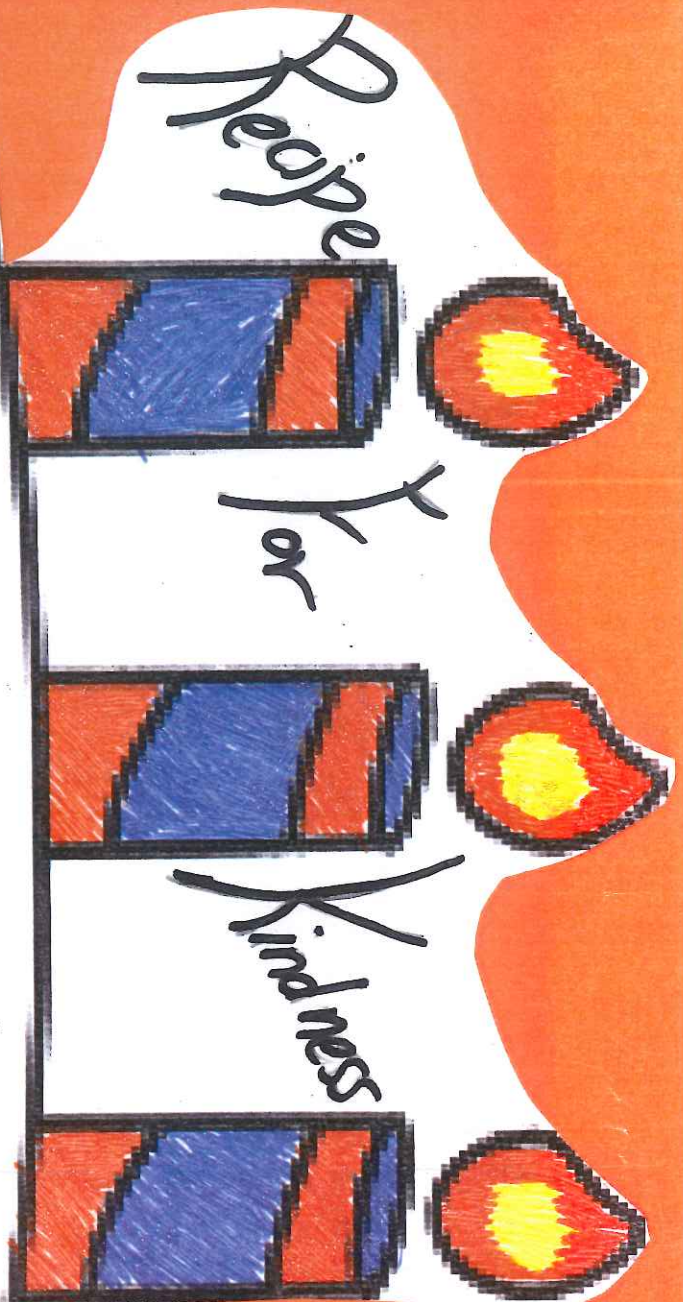
Ingredients:

- | | |
|-----------------------|--------------------|
| • 1g of laughter | houses for a month |
| • 5tbsp of fun | 5. Sift on the |
| • a c of helping | 6. Helping |
| • a pinch of love | 6. Feed to the |
| • a drop of highfives | country. |
| • a click of notes. | |

Method:

1. Blend up the highfives and love
2. Mix in the Notes and highfives
3. Sprinkle on the fun and laughter
4. put in oven the size of 1000

Alex



from the Kitchen of
Masterchef Max

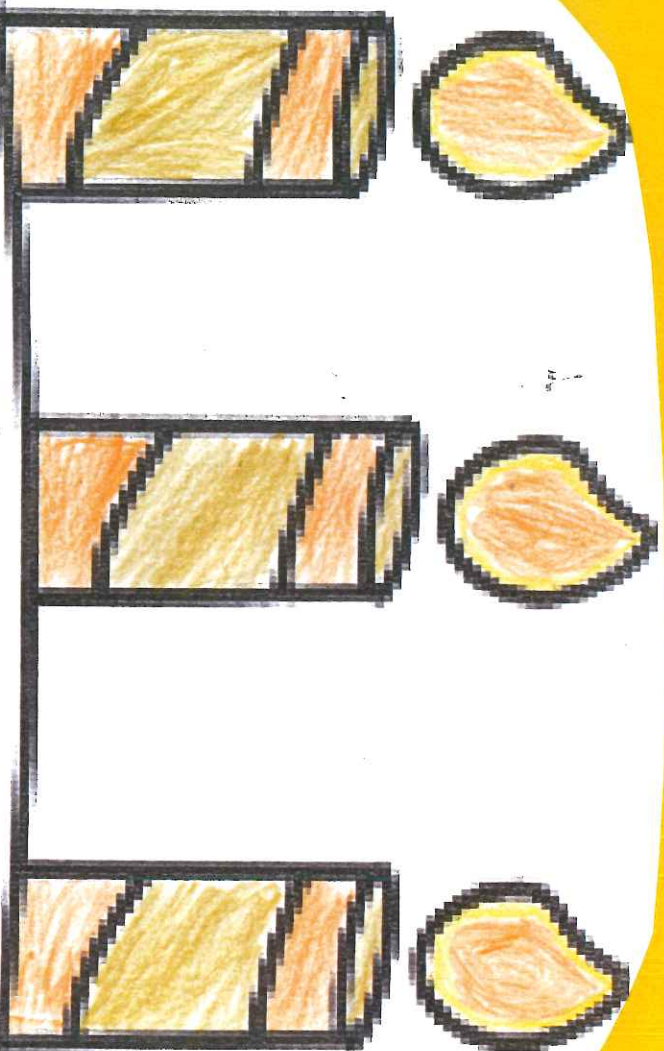
Ingredients:

1. 3 table spoons of hugs
2. 150g of kindness
3. a pinch of high fives
4. 1 Tea Spoon of smiles
5. 1 cup of helping with your friends
6. 1 cup of happiness
7. 2 table spoons of laughter
8. 200g of love
9. 1 table spoon of sweetness
10. 1 cup of sharing

Method:

1. Pour in all of the ingredients into a Bowl.
2. Mix Put in the oven for 1 hour
3. Then take out of oven
4. and en joy the chocolate cake with a friend.

Max



Kindness & Recipe

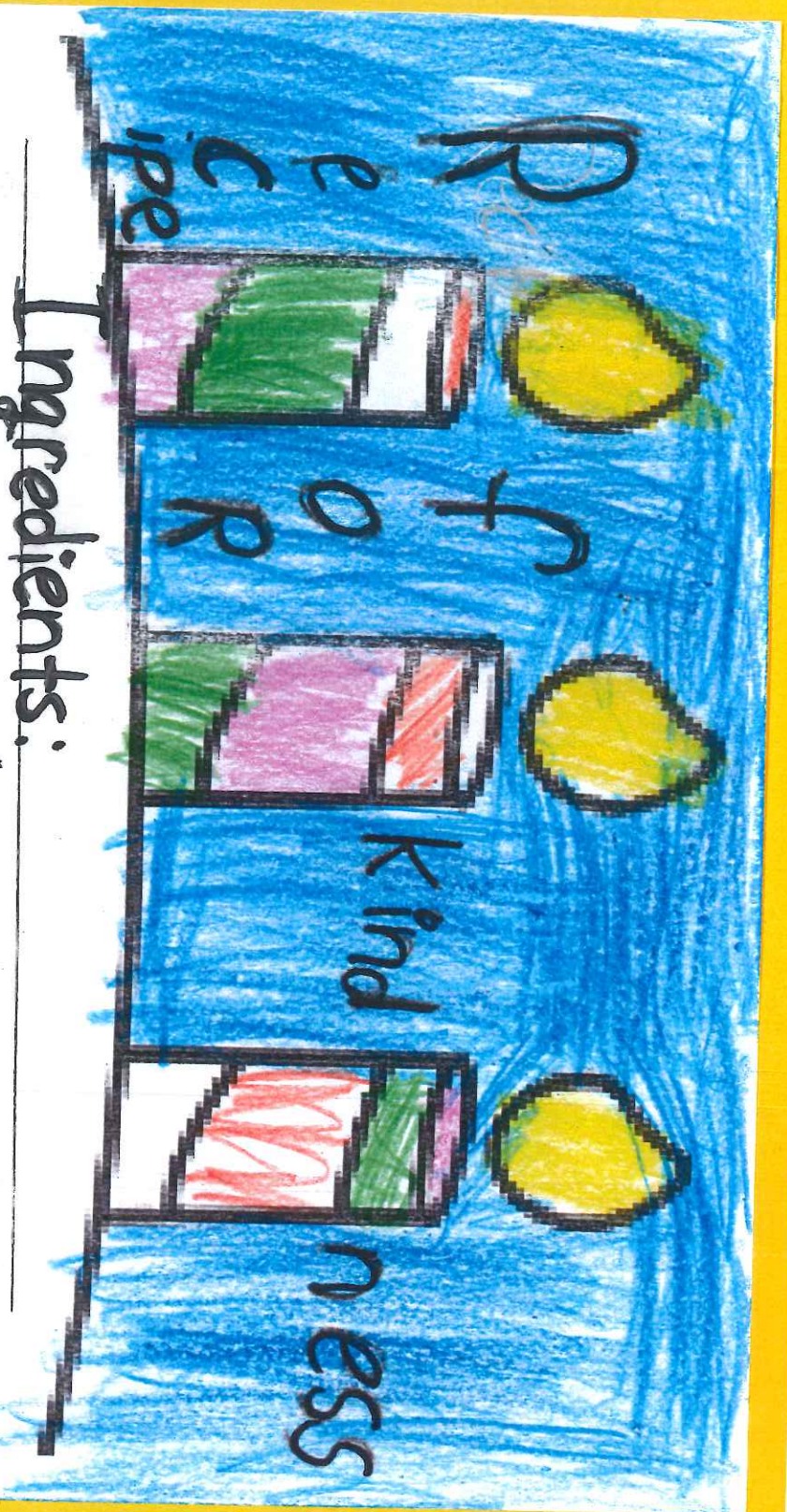
Ingredients:

- $\frac{1}{5}$ c of games
- $\frac{1}{2}$ c of love
- 100g of Sharing
- $\frac{1}{4}$ c of caring
- 1 L of Kindness
- 150g of hope

Method:

1. mix in all the ingredients apart from hope, sharing and games
2. Beat in the Sharing
3. Stir in the games
4. Sprinkle in hope
5. Pour the mix into the cake tin
6. Cook for 10 to 20 mins
7. And enjoy with a friend

Luke



Ingredients:

- 125g Smiles
- 10 hugs
- 1 cup kisses
- $\frac{1}{4}$ tsp Love
- $\frac{1}{2}$ tsp compliments
- $\frac{3}{4}$ cups of "ask someone about their day"
- 150g forgiveness
- 7 waves.

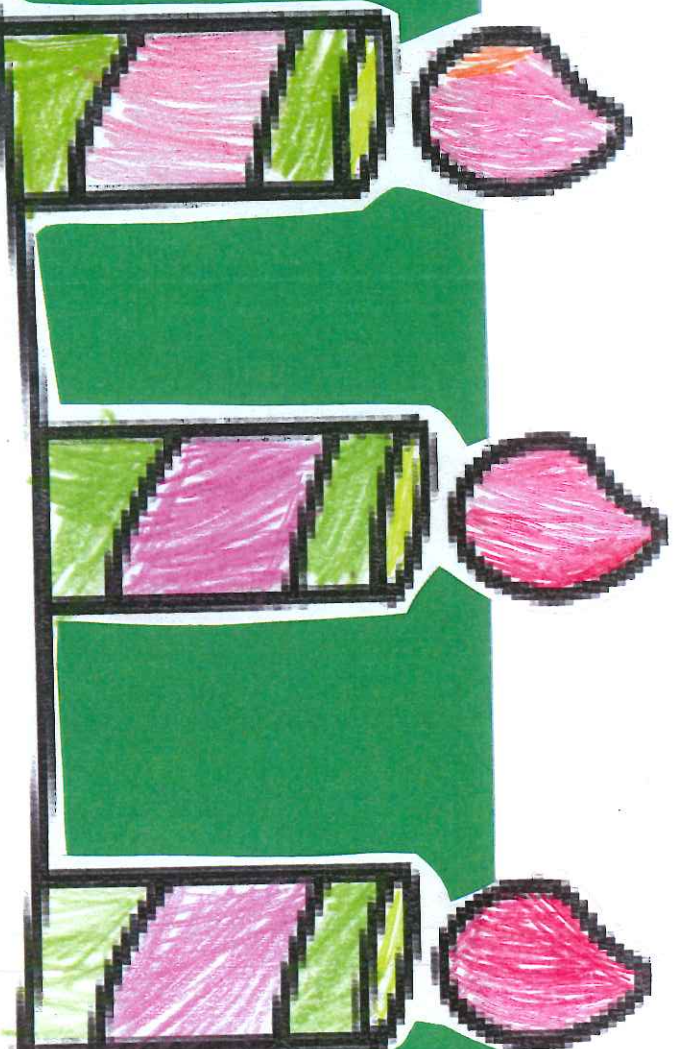
Method:

1. Put in the 125g smiles then add the 150g of forgiveness.
2. Put in the $\frac{1}{2}$ cup of hugs then the $\frac{1}{2}$ tsp of love.
3. Stir, then put in the $\frac{3}{4}$ cups of "ask someone about their day".

and the 7 waves then the 1 cup kisses.

4. Stir for 5 mins, Pour in a cake tin then bake for 20 mins.

5. Share with a friend.



Kindness Recipe

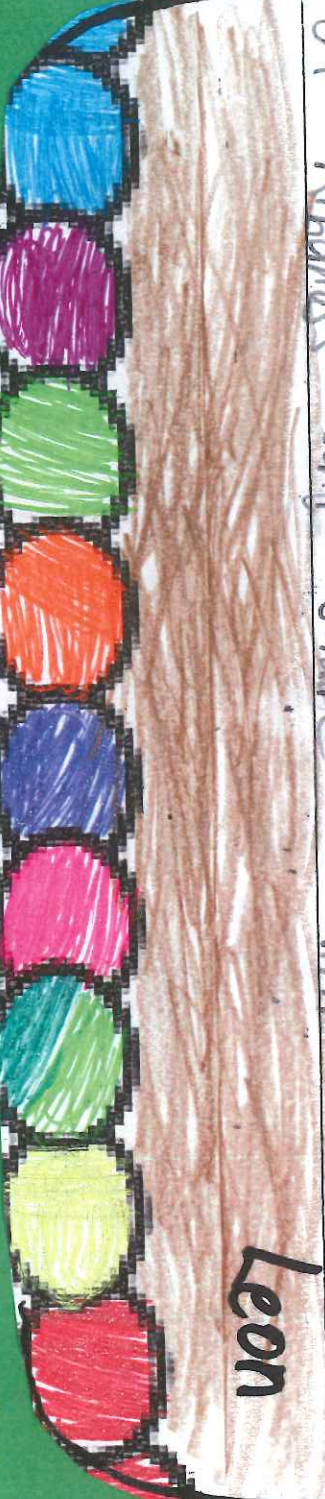
Ingredients:

1. A Pinch of high fives
2. a 1/2 tsp of saying "Hi"
3. a tsp of opening the Door
4. a 1/2 tsp of helping little Kids.
5. a Pinch of Kind notes
6. a 1/2 tsp of Fun

Method:

Mix the fun together with the notes. 2. So now put the saying "Hi" and the Pinch of High fives into a Blender. 3. Pour the Mix into a bowl then put it into the oven for 20 mins. 4. Take out the cake of Kindness and share with a friend.

Leon





Ingredients:

From the Kitchen of chef Gus

- 2 cups of helpfulness
- 1 pinch of smiles
- 10 grams of laughter
- 1 litre of gentleness
- a sprinkle of cuddles
- 3 Table spoons of comments
- 1/2 a cup of thank yous.

Method:

First add 10 grams of laughter into a bowl. After that sprinkle a pinch of smiles into the same bowl. Next pour in one litre of gentleness. (You will now have a brown mixture.) Stir in two cups of helpfulness. After that put in pan quickly. When done turn oven on to hot! When cooking sprinkle a pinch of cuddles, 3 Table spoons of comments and half a cup of thank yous. (in any order.) Next enjoy with a good friend!

Gus



Kindness Recipe

by chef Niko

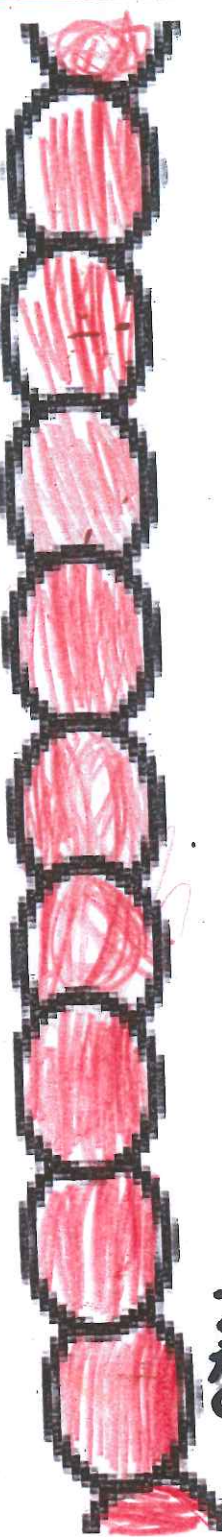
Ingredients:

1. Take a Pinch of Smiles.
2. 1 cup of hugs.
3. 3 + 4 hugs.
4. 150g of Kindness.
5. 1 cup of happiness.
6. 100g of fun.

Method:

1. Stir the waves in with a pinch of smiles.
2. Then add the rest of the ingredients.
3. Mix to gether.
4. Pour into a tin and bake for 130 mins.
5. Eat and enjoy with a friend.

Niko



Kind

ness

Rea

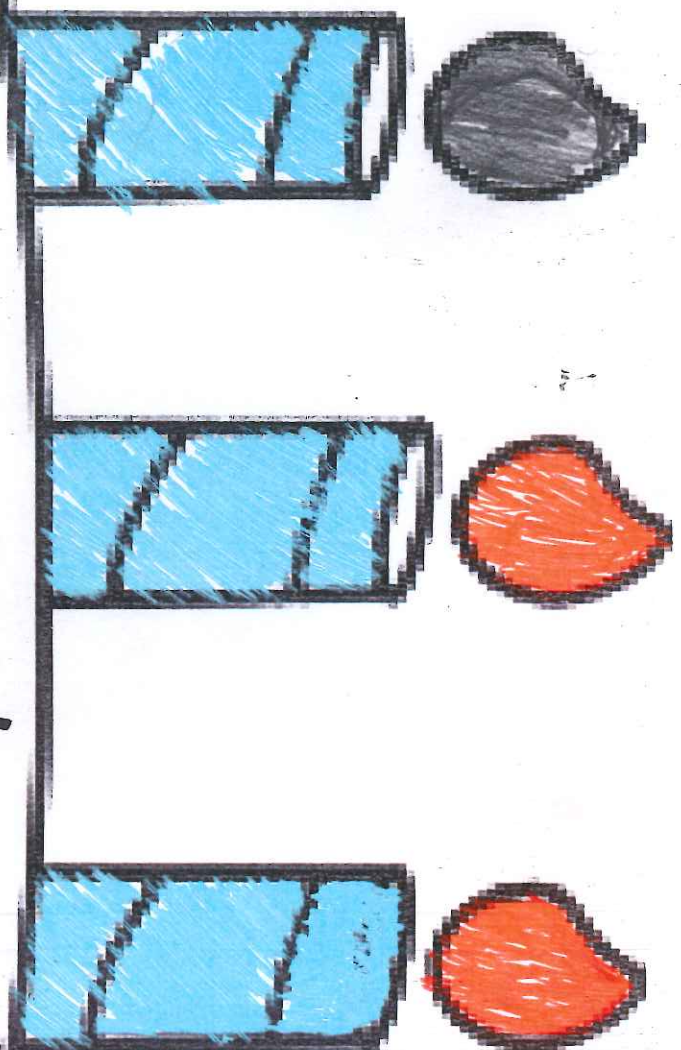
ipe

Ingredients

- 11bsp of gentleness.
- 3c happiness.
- 20g laughter.
- 1/2 of waves.
- 1sp inclusiveness.
- pinch of hugs.
- 3c compliments.
- 1g Love.
- 60g Sweetness.
- 1sp caring.

Method

1. Add 3c happiness with 11bsp gentleness, mix well.
2. pour in 20g laughter a pinch of hugs 1g of love.
3. Stir in all the other ingredients cook for 45 minutes



from the kitchen of chef Leo

Ingredients:

- 2 Tsp Laughter
- 1 cup of helping hands
- 1 pinch of happiness
- $\frac{1}{2}$ tsp of cheerfulness
- 2 cups of forgiveness
- 1 pinch of love
- 13oz of kindness
- 1 cup of sharing

Method:

① Mix all of the ingredients into a bowl.

② Pour the cake mixture into the moulds.

③ Bake the cake in the oven for half an hour.

④ Enjoy a cake for lunch with friends.

Leo

Kindness Recipe



Ingredients

- Pinch of happiness
- 1sp of Loveliness
- 1 cup of sweetness
- 1 gram of caring
- Half a cup of compliments
- 1bsp of helping
- A smidge of games

Method

1. Pour Sweetness into bowl
2. Add Happiness and combine with games
Stir in Loveliness
3. Drip in helping
4. Add in other ingredients
Stir well
5. Put in oven and bake for 10 mins

Enjoy With Friends

by Tilly. 10006. Realities

Kiss Recipe

from the Kitchen of Grace Rm 5

Ingredients:

- 1/5g Kindness
- 1/7 cup of hugs
- 1/5 of Love
- 1/2 cup of Smiles and laughter
- 1/4 of KISSES
- 1/3 of a cup of helping
- 150g of Snuggles

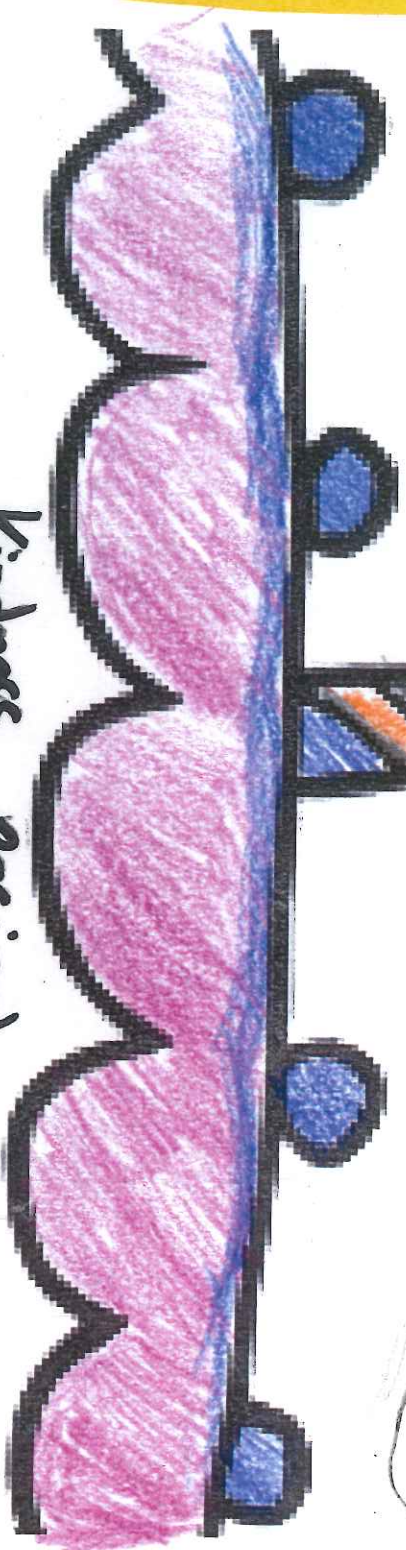
Method:

1. first Put all of the Ingredients together.

2. Mix it all together in a bowl

3. Pour the cake mixture into the moulds.

4. bake the cake in the oven for 20 minutes



Kindness Recipe!

From the Kitchen of Madley

Ingredients:

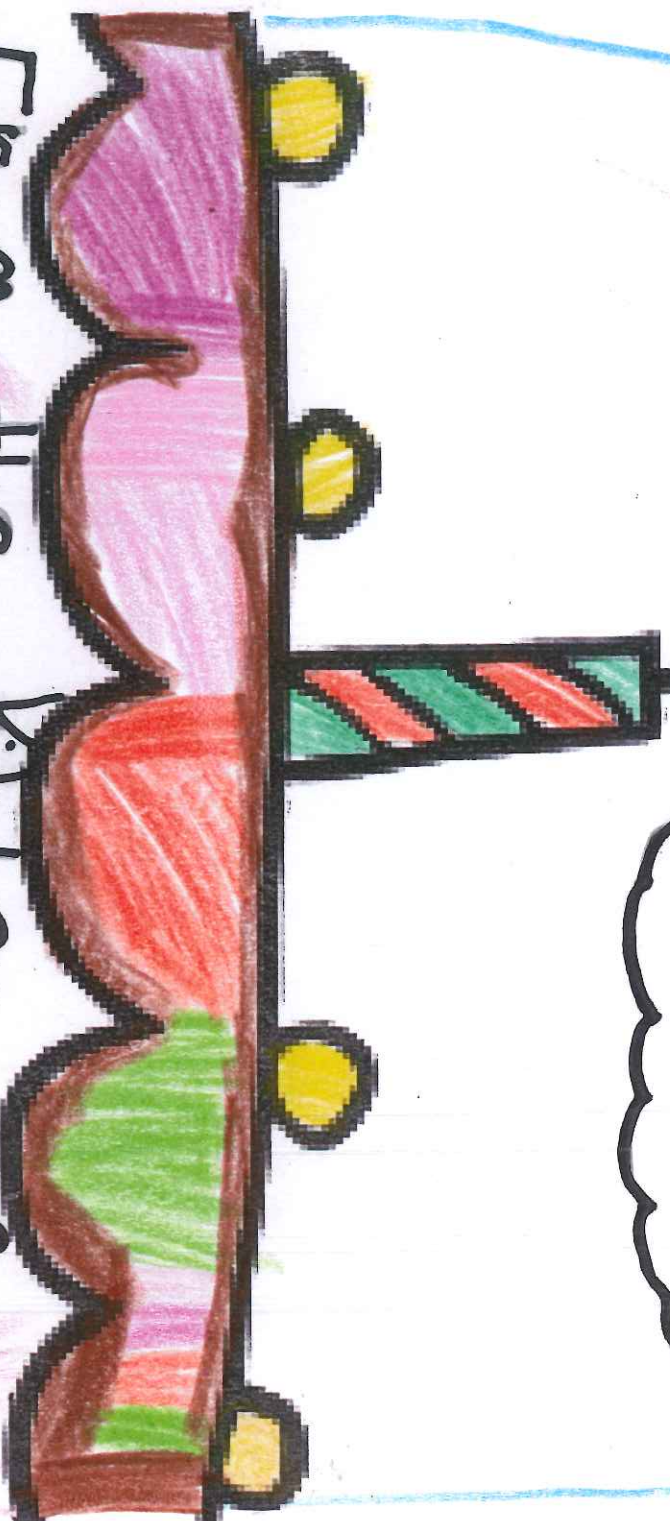
1. 125g of love
2. a Pinch of high fives
3. 75g of smiles,
4. 75g of laughter
5. 1/2 a cup of helping
6. Sprinkle a Tbsp of nice comments
7. 1/4 tsp of fun



Method:

1. Stir 125g of Love then add a Pinch of high fives Set in the oven for 30 minutes!
2. add 75g of Smiles then blend it up for 5 minutes!
3. Pour the Smiles on top of the Love and high fives!
4. Sprinkle some Laughter in.
5. Pour 1/2 Cup of helping, Set in the fridge for 2 hours!
6. Sprinkle in a Tbsp of nice comments
7. Pour 1/4 tsp of fun!

Recipe of Kindness Cakes



From the Kitchen of
Chef Meihana, Ingredients:

- * 1 Teaspoon of love.
- ** 2 Teaspoons of Compliments
- ** 1 Cup of Make Someone Smile.*
- * Cuts of hope.

Method:

- * Pour the Cup of "Make Someone Smile" into a bowl.
 - 2* Stir in the love.
 - 3* Add the happiness and Compliments.
 - 4 Mix in the hope.
 - 5 Put the mixture into a Cake tin.
 - 6 Bake in the Oven for 20 Minutes.
- Cover with icing and Share

Recipe for Kindness

from the Kitchen of: Chef Maggie

Ingredients:

- 3 cups of love
- 2 tbsp of hugs
- 1 L of smiles
- 4 teaspoons of compliments
- 1/2 cups of waves
- 4 cups of "Ask someone about their day"
- Pinch of happiness
- Sprinkle some fun

method:

- ① first put 1 litre of smiles in the bowl
- ② then mix the rest in, Bake for 2 hours
- ③ Eat with friends ♥

Maggie

